**My After-School Routine**


# Hang Up Coat

**Empty Backpack**

 Look at my assignments for the day

 Make sure I have everything I need for homework

 Give Mom or Dad any parent papers

 Clean out lunch box

# Have a Snack

 Wash my hands first

 Tell Mom and Dad about my day

# Relax and Unwind. I can…

 Read a book

 Go outside and play

 Play a game

 Invite a friend over (ask Mom or Dad first)

# Do My Homework

 Double check my work

 Pack my backpack for tomorrow

# Dinner and Chores

 Help set/clear the table

 Take out the trash

 Other:

# TV or Computer Time

 Stick to the time limits